

Fairfields Primary School

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Headteacher
Mr G. Gaidoni

Tuesday 2nd June 2026

Dear Parents/Carers,

This half term, as part of the ongoing Sex and Relationships Education (SRE) programme for the school, we will be completing the 'Changing Me' unit from Jigsaw, our PSHE scheme. Within this topic, we will be exploring the changes that will happen to our bodies through puberty; look at the creation of babies from conception to birth; learn to understand and respect the changes that we see in other people, how to develop healthy relationships with others and who to talk to if they are worried about change. We will be discussing these changes as a whole class and the children will also have the opportunity to ask questions through an anonymous question box. We will follow up all questions that we feel are appropriate in our sessions.

We will, as part of this learning, recap the parts of the male and female anatomy involved in the process of reproduction, as well as how babies are conceived through sexual intercourse. We discuss this in the context of a committed relationship, as well as looking at the age of consent and why it is important to be informed about your own body. We also address that families may have children in a variety of ways, for example IVF or adoption, and that families may be made up of many different relationships.

As part of our teaching, we will be using diagrams and animations of the male and female reproductive systems which will also show how a baby is conceived.

If you have any concerns or questions about the lessons that we will be covering, feel free to come and see us after school.

Yours faithfully,

Miss B. Fox and Mrs A. Cordell

