## **Fairfields Primary School**

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4th June 2025

Dear Parents/Carers,

This half term in our PSHE lessons, and as part of the ongoing Sex and Relationships Education (SRE) programme for the school, we will be using a unit called 'Changing Me'.

In Year 2, this unit of work includes...

- Life Cycles in Nature
- Growing from Young to Old
- The Changing Me (Recognise changes from baby to child)
- Boys' and Girls' Bodies (Recognise differences between boys and girls and use correct body part names)
- Assertiveness (Understanding different types of touch and saying which you like and do not like)
- Looking Ahead (Thinking about life in Year 3)

We will be using the correct names for parts of the body. These include penis, anus, testicles, vagina and vulva.

If you have any concerns or would like to know more about what your child will be covering, come and speak to us.

Yours faithfully,

Mrs J. Pedley, Mrs M. Glossop and Miss J. Russell













