

PSHE in the Early Years at Fairfield's

Children at Fairfield's begin their Jigsaw Journey in Early Years where we enjoy regular circle times with our Jigsaw friends, who help widen our vocabulary to support emotional literacy. Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world.

In our Early Years, we have strong, warm and supportive relationships with adults to enable children to learn how to understand their own feelings and those of others. We support children to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want, and direct attention as necessary.

Through adult modelling and guidance, children at Fairfield's will learn how to look after their bodies, including healthy eating, oral hygiene, road safety, the effects of screen time, keeping active and managing personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts. We place emphasis on the use of good manners and teach our children the important skill of listening to others. These attributes will provide a secure platform from which children can achieve at school and in later life.