

## **SMSC in Physical Education**

PE in general teaches pupils about code of conduct, (sport etiquette - handshakes before and after matches, applauding the opposition), fair play, unwritten rules and sportsmanship. Pupils should abide by the rules and regulations, gaining a good understanding of the rules of sport and the importance of infringements such as penalties and red cards. This allows pupils to understand the consequences of their actions, which in turn helps pupils apply this understanding to their own lives. The concepts of self-discipline to excel are essential. Pupils are reminded that you are able to achieve in sport to a high standard, if you train hard and apply yourself.

Pupils are able to explore their creativity through producing Gymnastic routines, creating and developing their own attacking and defensive tactics whilst reflecting and critiquing their own and others' performances. Pupils are encouraged to have their own thoughts, ideas and concerns, and can express this through thoughtful questioning.

In all aspects of PE, fair play and teamwork is promoted throughout lessons. Pupils are expected to respect equipment when using it and storing it and take responsibility for it. Pupils learn to follow instructions and decisions made by teachers/officials and abide by the rules in sporting situations. Peer feedback is encouraged in a positive form and this enables children to take on a role as a leader.

Pupils in PE can use of a range of social skills in different contexts, including working and socialising with pupils from different backgrounds. They are able to participate in a variety of social settings, cooperating well with others and are able to resolve conflicts effectively. In addition, pupils can develop their friendship and social mixing through involvement in inter/intra school competition and extra-curricular clubs. PE enables pupils to create a sense of community in lessons and clubs, and sporting successes are celebrated both in and out of school. The use of sports leaders to run activities has also worked well to build relationships and participation levels.

PE gives the opportunity to learn where different sports originate from and what the national sports of different countries are. Pupils are also aware of global sporting events such as World Cups and the Olympic Games whereby different activities take place to promote international successes.